



MY
INNER
LIFE

Engagement Agreement
David Brannen, Spiritual Director

Date: _____
Name: _____
Phone: _____
Address: _____
City, State, Zip _____
Email Address: _____

Our Relationship

You are meeting with me as your spiritual director because you want to explore and deepen your spiritual life. The ESDA's Code of Ethics explains my role in a general way. Although I believe it is appropriate at times to discuss psychological and relational difficulties in the context of spiritual direction, I am not a psychotherapist, nor do I provide such services. Similarly, you recognize that a spiritual director is a prayerful, listening companion, trained to assist you on your spiritual journey and is not psychological counseling; therefore I am not responsible to attend to issues that may require professional psychological services. In addition, spiritual direction is not financial advice and any decisions and actions you may take in that regard are done without my advice or recommendation, and are purely your responsibility.

Confidentiality

All conversations are held in strict confidence. Our time together is sacred. I will not reveal the content of our conversations unless I am required to do so by law or court order or if you reveal intent to harm yourself or someone else. On the other hand, you are free to share whatever you choose about our conversations with anyone.

Fees

The fee per one-hour session is \$90, payable to me via check, cash, or Venmo. Payment is due 30 days from the date of your session. This fee is

guaranteed for at least 12 months. (The fee for groups is \$30 per person per session.)

Time of Sessions and Changes

We commit to begin and end our sessions on time. If you wish to change your appointment, please let me know by emailing me at drbrannen@myinnerlife.net within 24 hours of your appointment. If you wish to share a success or a problem with me in between sessions, you may contact me via email. I do not bill for additional time of this type. These types of emails would be for the purpose of celebrating with you or holding you in prayer and not for problem solving.

Duration of Direction Relationship

Spiritual direction relationships vary in duration. Periodically, we will take stock of the relationship to ensure that it is meeting its desired purpose. Either party may discern a need to bring meetings to a conclusion. Otherwise this agreement will remain in effect.

Please sign and return a copy to me indicating your understanding of the above statements.

Signature of spiritual directee

Date: _____